

# Adobe Premiere Pro Advanced



**Days:** 2

**Prerequisites:** Practical working knowledge of Mac OS X or Windows and basic Web knowledge. Intro to Premiere class or equivalent experience is recommended.

**Description:** This 2-day course provides a thorough overview of the interface, tools, features, and production flow for using Premiere 2026. The course is an ideal combination of instructor-led demonstration and hands-on practice for getting to know this revolutionary nonlinear video-editing application. You will perform basic editing functions while familiarizing yourself with the user interface, and you will learn to use Premiere 2026's powerful real-time video and audio editing tools to give you precise control over virtually every aspect of your production.

## OUTLINE:

### LESSON 1: MANAGING PROJECTS

- AI and New Features Preview
- Organizing Project Footage
- Using the System Compatibility Report
- Setting Preferences and Project Settings
- Exporting and Importing Premiere Preferences
- Managing Media Cache Files
- Working with Ingest Settings
- Creating and Working with Proxies
- Using the Project Manager
- Working with Multiple Projects
- Importing Projects or Sequences into a Project
- Strategies for Importing Footage
- AI Searching Footage with Media Intelligence

### LESSON 2: PUTTING CLIPS IN MOTION

- Working with Fixed Motion Effects
- Changing Position, Scale, Rotation, and Anchor Point
- Cropping Footage in the Effect Controls Panel
- AI Using Film Impact Modern Motion Effects
- Keyframing Motion Properties
- Using the Properties Panel for Keyframing
- Adding, Navigating, and Setting Keyframes
- Moving and Copying Keyframes
- Working with Keyframe Interpolation
- Using Vector Motion Properties
- AI Applying the Auto Reframe Effect

- Adding a Drop Shadow
- Stabilizing Footage

### LESSON 3: ADDING VIDEO EFFECTS

- Working with Visual Effects
- AI Using the New Film Impact Modern Effects
- AI Using the New Film Impact Modern Transitions
- Applying Source Clip Effects
- Masking and Tracking Visual Effects
- AI Powered Object Masking
- AI Redesigned Shape Masks
- Keyframing Effects
- Using & Saving Effect Presets
- Exploring Frequently Used Effects
- Using the Render And Replace Command

### LESSON 4: AI TEXT BASED EDITING

- Overview of Text-Based Editing
- Add Clips to the Timeline using Text-Based Editing
- Transcribe Video
- Edit Transcripts using Text-Based Editing
- Detect and Delete Pauses in Transcripts
- Using Bulk Bleep or Mute in Transcripts
- Transcribe Individual Source Files
- Edit Speaker Names in Transcriptions
- Edit Sequences using Text-Based Editing
- Remove all Instances of One Speaker in Transcripts

### LESSON 5: PERFORMING ADVANCED EDITING TECHNIQUES

- Editing in Trim Mode

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- Perform J and L cuts (Lead with Video, Lead with Audio)
- Adjust Trimming and Playback Preferences
- Performing Three and Four-Point Edits
- Using Roll, Slip, and Slide Edits
- Using Extract and Lift Edits
- AI Using the Generative Extend Tool with Video
- AI Using Auto Reframe to Modify Aspect Ratio
- Performing Match Frame Edits
- Source Patching vs Track Targeting
- Using Sync Lock and Track Lock
- Finding and Removing Gaps in the Timeline
- AI Scene Edit Detection
- Changing Clip Playback Speed and Time Remapping
- Frame Blending and Optical Flow
- Selecting & Moving Clips
- Grouping and Nesting Clips
- AI Simplify Sequences
- Replacing Clip Instances and Source Media
- Working with 360° VR Video

### LESSON 6: WORKING WITH AUDIO

- When to use Normalize vs Gain
- Understanding Audio Track Types
- Working with the Essential Sound Panel
- AI Defining and Auto Tagging Audio Types
- Matching Volume Across Multiple Clips
- AI Enhancing Speech
- Edit and Repair Audio Using the Essential Sound Panel
- Editing Audio Effects
- Understanding and Using Dynamic Waveforms
- Setting In and Out Points to the Audio Sample Rate
- AI Auto-Ducking Music
- Using the Audio Clip Mixer
- AI Using the Generative Extend Tool with Audio
- AI Using Remix to Retime Audio

- Using Remove and Paste Attributes with Audio
- AI Using the Merge Clips Feature
- Dynamically Linking to Adobe Audition
- Using the Loudness Meter Effect
- Understanding the Audio Track Mixer
- Mixing Audio with the Track Mixer
- Applying and Editing Audio Track Mixer Effects
- Creating Submixes and Buses
- AI Direct Downloading of Adobe Stock Audio

### LESSON 7: CREATING TITLES

- Creating & Editing Titles
- Using the Properties Panel
- Formatting Titles
- Creating Text and Text Styles
- Working with Shapes
- AI Redesigned Shape Masks
- Placing Graphics and Video
- Creating Automatic Rolls and Crawls
- Using Keyframing with the Properties Panel
- Creating Responsive Titles
- Saving Motion Graphics Templates
- Working with After Effects Motion Graphics Templates

### LESSON 8: CREATING CAPTIONS

- AI Using Speech to Text
- AI Using the Text Panel to Transcribe Sequences
- Basics of Working with Captions
- Adding and Creating Captions
- Formatting Captions
- AI Generate Multilingual Captions with Translate Captions
- Downloading Language Packs
- Exporting Captions
- Check Spelling and Find and Replace

### LESSON 9: COLOR CORRECTION AND GRADING

- About Color Management
- Setting Up Color management in the Lumetri Color Panel

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- Auto Detection of Log Camera Formats and Raw Media
- The Color Adjustment Workflow
- Using the Lumetri Color Panel
- AI Auto Color
- Working with Lumetri Color Panel
- Editing Source Footage vs Clip Instances
- Working with Secondary Color Correction
- Applying Multiple Instances of Lumetri Color
- AI Using Comparison View for Color Match
- Using Lumetri Scopes
- Creating Lumetri Presets and LUT's
- Using Blending Modes for Color Correction
- Using other Color Correction Effects
- Exporting to Social Media
- AI Using Auto Reframe to Modify Aspect Ratio
- Exporting Captions
- HDR Export
- Integration with After Effects, Photoshop, and Audition

### LESSON 10: COMPOSITING TECHNIQUES

- Working with Multiple Video Tracks
- AI Powered Object Masking
- Applying the Track Matte Key
- Using Luma Mattes
- Using Ultra Key on Green Screened Footage
- Using Opacity and Blending Modes
- Dynamically Linking to After Effects Compositions

### LESSON 11: MULTICAMERA EDITING

- Setting Up the Multicamera Process
- Creating a Multicamera Sequence
- Switching Between Multiple Cameras
- Finalizing Multicamera Editing
- Advanced Multicamera Techniques

### LESSON 12: EXPORTING

- Exporting Frames
- Using the Quick Export Option
- Direct Export vs the Queue
- Exporting with the Adobe Media Encoder
- Using the Media Encoder Preset Browser
- Using Multiple Output Presets
- AI Exporting Content Credentials
- Creating Adobe Media Encoder Presets
- Creating a Master Archive File